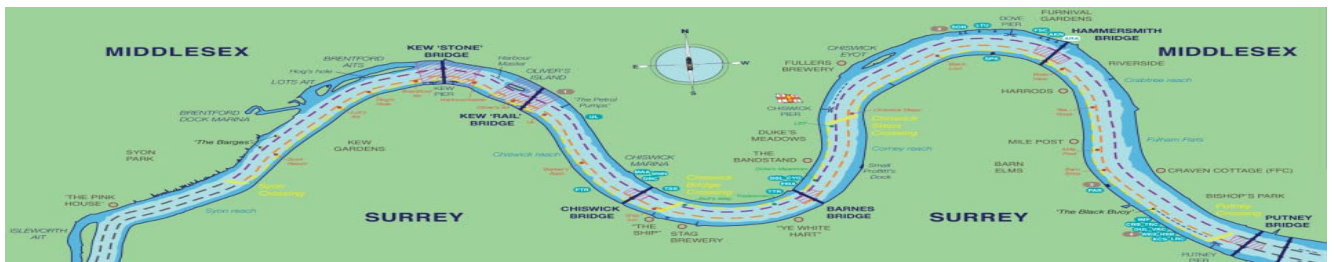


TIDEWAY SEMINARS



Burway Rowing Club (near Chertsey) 4th November 2009

Marlow Rowing Club 11th November 2009

HEAD OF THE RIVER FOURS SATURDAY 14TH NOVEMBER

In the run up to the 2009 Fullers Head of the River Fours, the Thames Regional Rowing Council will be offering clubs, coaches and athletes a seminar covering tideway MUST KNOWS! The seminar will include The Tideway Code and will cover information crucial to any Tideway visiting club, coach and athlete.

Racing at the HOR4s/ Vets Fours Head /Scullers Head/ HERR / WeHERR/ Vets Head or Schools Head this year?

Do you use the tideway for training during winter floods?

If YES.... then this seminar is a must. It is aimed at coaches, athletes and coxswains.

In recent years the TRRC and British Rowing have been working closely with the Port of London Authority to maintain safe and regular rowing on the Tideway. These workshops are the best way to find out where you should be on the river to keep safe and keep the sport of rowing on the Tideway safe for the future. We hope that those racing and those using the tideway for training will attend. The seminar will be led by Thames Regional Chair Ruth Hatton.

For more info contact ARA CDO's

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